

# Coweta County School System

## Middle Breakfast

January 2012

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 2 HOLIDAY	Jan - 3 HOLIDAY	Jan - 4 HOLIDAY	Jan - 5 Cereal Cheese Biscuit Buttery Grits Jelly Fruit Juice Choice Milk	Jan - 6 Chicken 'n Biscuit Peppered Gravy Jelly Cheese Grits Cereal Fruit Juice Choice Milk
Jan - 9 Ham & Biscuit Jelly Cheese Grits Fruit Juice Choice Milk	Jan - 10 Sausage & Biscuit Cereal Jelly Cheese Grits Fruit Juice Choice Milk	Jan - 11 Chicken 'n Biscuit Jelly Cereal Cheese Grits Chilled Fruit Choice Milk	Jan - 12 Steak & Biscuit Peppered Gravy Jelly Buttery Grits Cereal Fruit Juice Choice Milk	Jan - 13 Sausage & Gravy Pizza Trix Yogurt Chilled Fruit Choice Milk
Jan - 16 HOLIDAY	Jan - 17 Sausage & Biscuit Jelly Peppered Gravy Buttery Grits Fruit Juice Choice Milk	Jan - 18 Chicken 'n Biscuit Jelly Cheese Grits Cereal Fruit Juice Choice Milk	Jan - 19 Steak & Biscuit Jelly Peppered Gravy Cheese Grits Cereal Fruit Juice Choice Milk	Jan - 20 Mini Pancakes Cereal Sausage Link Buttery Grits Fruit Juice Choice Milk
Jan - 23 Cereal Wheat Toast Jelly Trix Yogurt Milk Fruit Juice Choice	Jan - 24 Ham & Biscuit Jelly Scrambled Eggs Cheese Grits Cereal Fruit Juice Choice Milk	Jan - 25 Sausage & Biscuit Jelly Cheese Grits Cereal Fruit Juice Choice Milk	Jan - 26 Steak & Biscuit Jelly Peppered Gravy Cereal Buttery Grits Fruit Juice Choice Milk	Jan - 27 Pancakes Syrup Sausage Patty Egg Patty Cereal Cheese Grits Fruit Juice Choice Milk

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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## Middle Breakfast

January 2012

Dec 15, 2011

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 30  Chicken 'n Biscuit Jelly Buttery Grits Peppered Gravy Cereal Chilled Fruit Choice Milk	Jan - 31  Steak & Biscuit Jelly Cheese Grits Peppered Gravy Cereal Fruit Juice Choice Milk			

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